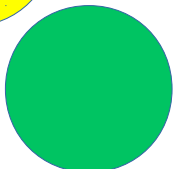
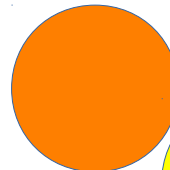
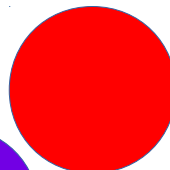
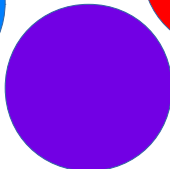
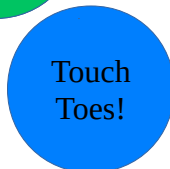
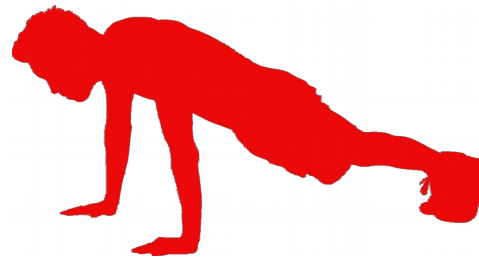
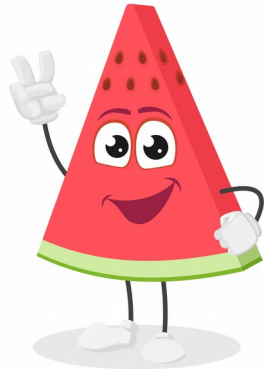
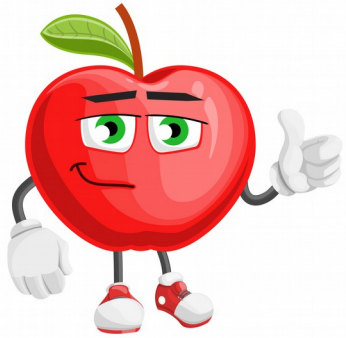


Push
Ups

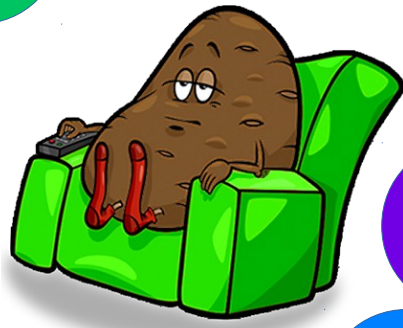




Jumping
Jacks!!!



Couch Potato
Lose Turn
Until
Yellow

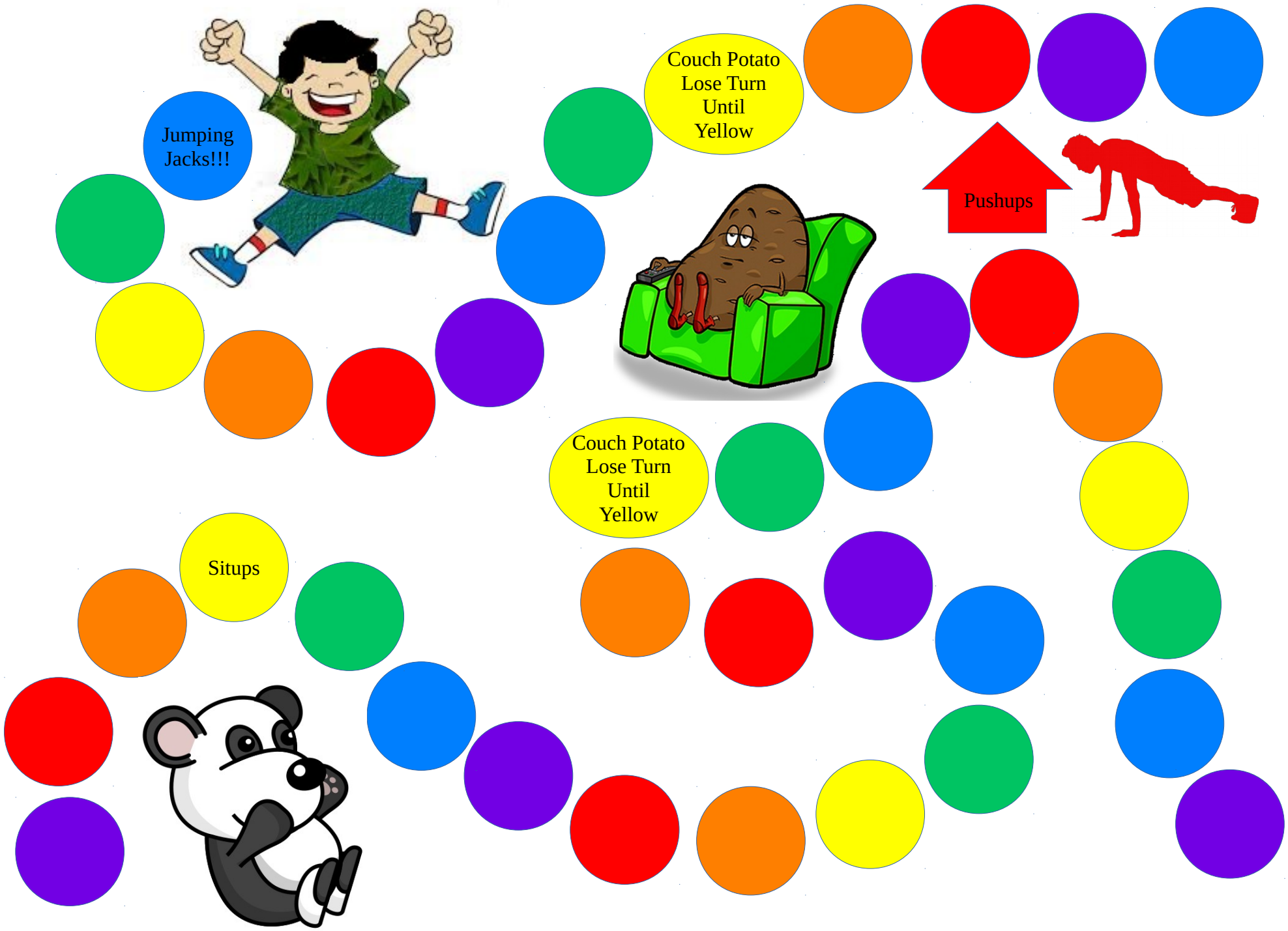


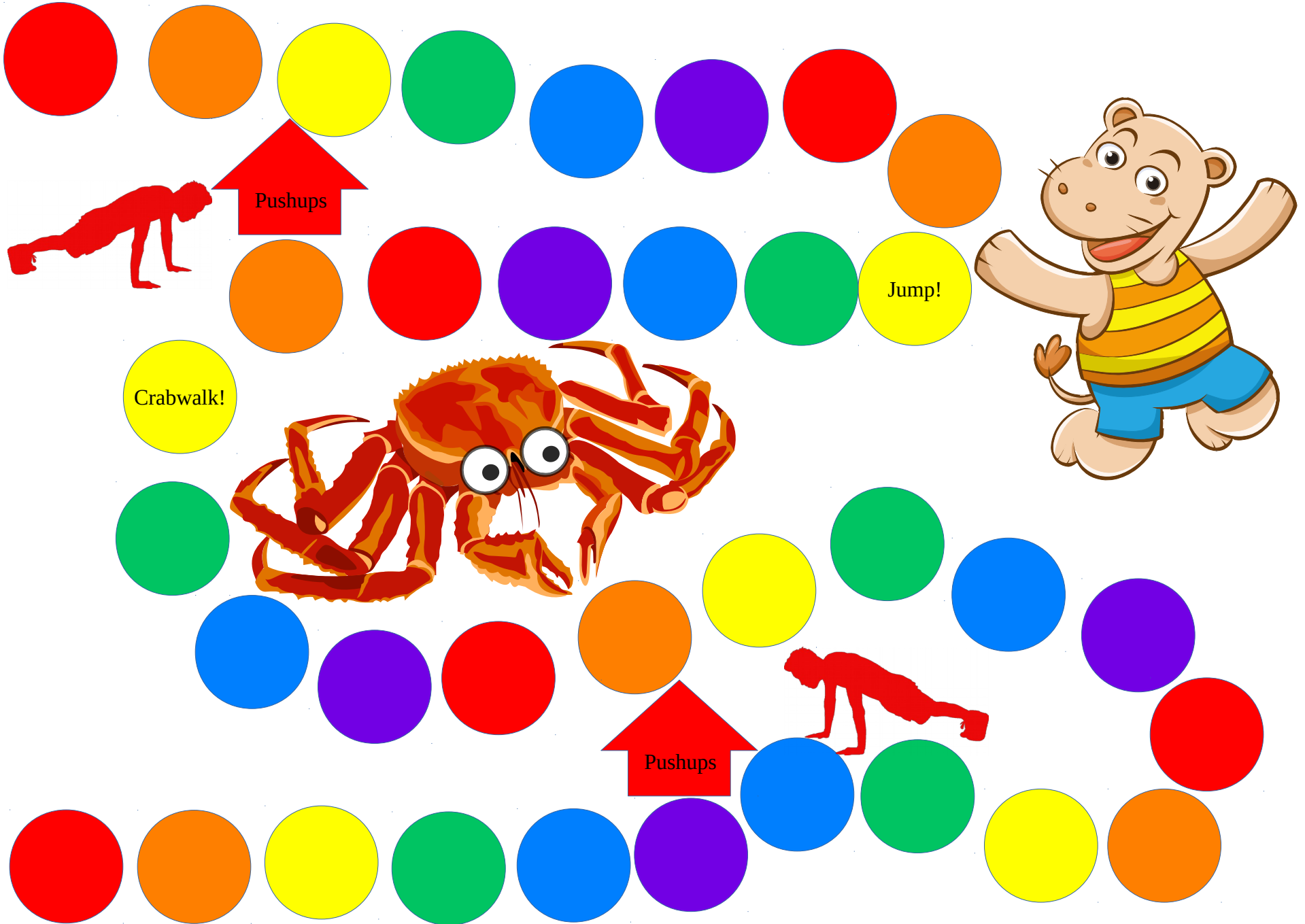
Pushups



Situps

Couch Potato
Lose Turn
Until
Yellow





Pushups

Jump!

Crabwalk!

Pushups

Cut out this page into squares, put face down, each player gets one to move, do what circle where repetitions = age of player, youngest first

