Posterior Tibial Pulse Palpation

The posterior tibial pulse is found behind the medial malleolus (the bony prominence on the inside of your ankle). This pulse point's location can change depending on your patient’s anatomy, but palpating for the pulse in the fossa (depression) just posterior to the medial malleolus is sufficient for most patients. If you cannot feel the pulse, try flexing the patient's knee or attempting a different hand placement. If you still cannot feel the pulse, try palpating above or below the level of the malleolus in the same line as the fossa.