Buy Nothing Day

Buy Nothing Day is an international day of protest against consumerism. In North America, the United Kingdom, Finland and Sweden, Buy Nothing Day is held the day after U.S. Thanksgiving, concurrent to Black Friday; elsewhere, it is held the following day, which is the last Saturday in November. Buy Nothing Day was founded in Vancouver by artist Ted Dave and subsequently promoted by Adbusters, based in Canada. Participation now includes more than 65 nations.

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When

North America, the United Kingdom, Finland and Sweden: Nov ...(date TBA), 2019, Fri
Elsewhere: Nov ...(date TBA), 2019, Sat

How to get involved

Activities

W
Social media

##BuyNothingDay, ##BuyNothingXmas

Quotes

"Bake them a cake, write them a poem, give them a kiss, tell them a joke, but for god’s sake stop thrashing the planet to tell someone you care. All it shows is that you don’t." George Monbiot / https://www.inspiringquotes.uk/

See also

- Ethical consumerism

External links

- Buy Nothing Day
- Buy Nothing Day abillionpeople.org
- Buy Nothing Day UK

References